

Social Emotional Learning

Lesson 10: Being Responsible and
Creating Change
Supplementary Activities



Pre-school:

Egg Carton Tree

This is a great way to use recyclable egg cartons and create some artwork!

You will need:

- An egg carton
- Pair of scissors
- Superglue
- Green paint or green felt tip
- Brown paint, felt tip or colouring pencil
- Paper

Instructions:

1. Discard the top of the egg carton and cut up into the individual sections
2. Paint or colour each section green. If painting, leave to dry
3. Once dry, apply superglue to the rim of each section and stick onto the paper
4. Colour in a trunk underneath the coloured egg cartons to create your tree!



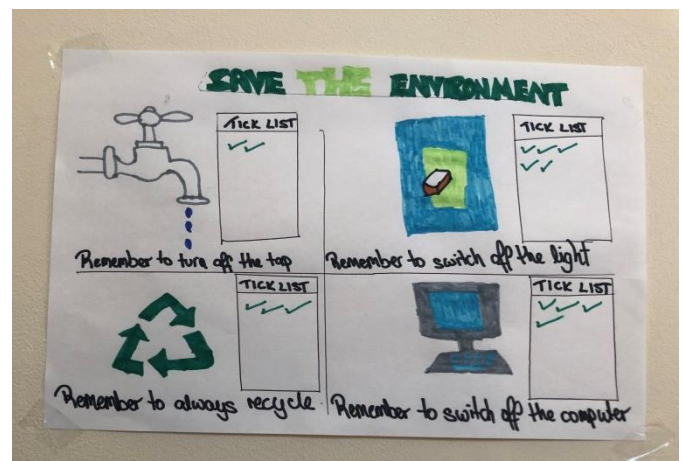
Age 4-7:

“Helping the environment at home” chart

This is a fun way to remember actions we can do at home and take responsibility for saving the environment.

You will need:

- Paper
- Colouring pencils or felt tips



Instructions:

1. Think of 4 ways that you can save the environment from home
2. Divide your sheet up into 4 boxes.
3. Draw a picture and label one of your ideas in each box. Either below or next to the picture draw a tick list box
4. Each time you or a family member, remember to do one of the actions, add a tick in the tick list box.

Age 7-11:

Letter to local councillor or MP

Write a letter or email to your local councillor or MP about a change you would like to see in your area. This is a proactive way of taking responsibility to create change on an issue you care about.

You will need:

- Either a computer and email address OR a piece of paper, pen and an envelope

Instructions:

1. Think of an issue you care about, for example litter.
2. Draft a letter where you clearly state: why you are writing the letter, the issue you care about, and what you would like to be done to resolve it. For example, you could say you are writing because you have noticed the amount of litter in your local area. You find this upsetting as it is harmful to the environment. You would like to see more litter bins in your local area to encourage people to dispose of their litter responsibly.
3. Have an adult read through it.
4. Either send it via email or as a letter. You can find the addresses of local councillors and MPs online.