

Allanson Street News

25th October 2024

Our value this month is:

Respect



Reminders

Please make sure your child is wearing the correct school uniform. Complete guidance can be found on the school website. If you have any questions regarding uniform, please speak to your child's class teacher.

Remember that we have plenty of pre-loved uniform in our Unicycle centre. If you'd like to access this service, please contact Mrs Browne or Mrs Tyrer via Class Dojos.



Dates for your diary

- 11th November- Remembrance Day
- 18th November- Anti Bullying Day
- 25th November- St Andrew's Day



Reading

Please make sure you listen to your child read at least 3 times a week and record this in their reading records.

For those children not yet bringing a reading book home, please make sure you are reading to them as frequently as possible.



This Week's Highlights

In **Nursery** we listened to the story "We're going on a leaf hunt", listened to Vivaldi's "Autumn" and learned about the season of Autumn as we explored our Forest School area. The children have also been learning about the celebration of Hallowe'en, exploring pumpkins and using describing words

In **Reception** we have been learning about the celebration of Hallowe'en. We read the story Christopher Pumpkin and carved our own Pumpkins. We have been practising using the Part Whole model in maths to help show us smaller numbers in bigger numbers.

In **Year 1** we have been on a walk around the local area to explore human and physical features. We spotted lots of features, including houses, shops, industrial buildings, and different forms of transport, including taxis, buses, cars and bikes! The children were very well behaved – well done superstars!

Year 2 have enjoyed beginning to publish their comic strips this week after working hard to write into detailed sentences after they planned it out. The children enjoyed learning about Hinduism in preparation for Diwali happening next week.

In **Year 3** we have finished our unit using Microsoft Publisher. The children made their own part invitation! We have also finished our PE unit on team games, where we have been working hard on our sharing, turn taking and leadership skills.

In **Year 4** we completed our Science unit on animals and their habitats and learned lots of interesting facts. We have also been very excited to welcome back our flute teacher following her illness and recommence our flute lessons this week. In Maths we have consolidated our addition skills and moved on to practising subtraction.

Year 5 have posted their persuasive letters to Mrs Dingsdale and are excited to hear the response. We have also consolidated our understanding of mental strategies in maths and have enjoyed calculating longer addition equations using the column method.

In **Year 6** we have begun our calculation unit in maths and practised using different sentence starters in English. In science, we have explored Charles Darwin's theory of Evolution. Please ask your child what they know about this. We have completed our geography unit after learning facts about the Amazon River.

★ This Week's Value Stars!! ★

Nursery: Eduard, Kitt, Isabella, Asher & Isaac	Reception: Darcie, Louie, Josie, Sienna-Rose
Year 1: Aodhan, Mya H, Belaf F, Alaya H	Year 4: Lillie Mai C, Amelia Mc,
Year 2: Logan M, Cole Mc, Michael G	Year 5: Yousif A, Amelia H, Lilliana, Bianca
Year 3: Lacie-Mae, Miruna, Amy-Grace S, Theo T	Year 6: Mateo G, Madison D, Kay-Lea D, Milan M

★ Weekly Winners ★



Y6 Reading Plus top readers this week:

Student	Reading (SR) Avg Time/Week	Reading (SR) Avg Lessons/Week	% Reading Assignments Completed	% Reading Assignments Completed 80%+	Projected End Use (Reading Lessons)
D Kay-Lea	37 min	4.3	85%	65%	225
Ri Aldo	50 min	4.3	85%	80%	215
M Maiya	35 min	4.0	80%	60%	208



Top on the Times Tables Rockstars leaderboard are: The boys!

18th October - 25 October 2024

🏆 All Boys 24 All Girls 19



This week's tourna

25th October - 7 November 2024

Year 6 0 Year 5 0

25th October - 7 November 2024

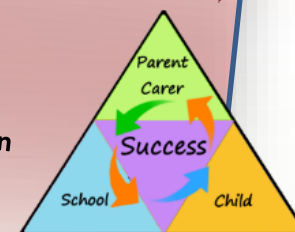
Year 4 0 Year 3 0

Attendance

School Target: 96%

Early Years –	N am 84.2%	N pm 83.6%
KS1 –	RKL 91.5%	RMC 99.3%
	Y1PT 86.3%	Y1TE 94%
	Y2GW 92.3%	Y2LB 93.7%
LKS2 –	Y3EH 97.9%	Y3LC 98.7%
	Y4MC 97.9%	Y4MM 95.3%
UKS2 –	Y5EK 97.7%	Y5NO 97.7%
	Y6JM 96.9%	Y6LA 95%

(This week's winners are highlighted in yellow)



This Week's Learning at Home

Word of the Week:

Nursery – Autumn

Reception – celebration

Year 1 – History

Year 2 – promptly

Year 3 – teamwork

Year 4 – habitat

Year 5 – precariously

Year 6 – meandering

Making a mistake isn't the end of the world, but that can be a difficult thing to learn for a lot of people. Most children are still learning it, in fact. These kinds of setbacks 🗨️ and the feelings they bring on 😞 can provoke severe and unhealthy reactions in young people, if they're not taught how to deal with their emotions in a healthy way.

However, it's sometimes tricky to know what you can do or say to help these youngsters develop the confidence and adaptability to process these feelings in the future 😊 That's why we've put together this guide featuring expert advice, letting you know how to build emotional resilience in the children and young people in your care.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 23.10.2024