



Allanson Street News

13th March 2026

Our value this month is:
Independence



IS MY CHILD TOO ILL TO GO TO SCHOOL?

- | | |
|--|---|
| <input checked="" type="checkbox"/> Minor coughs & cold | <input checked="" type="checkbox"/> Ear infection |
| <input checked="" type="checkbox"/> Sore throat | <input checked="" type="checkbox"/> Cold sores |
| <input checked="" type="checkbox"/> Conjunctivitis | <input checked="" type="checkbox"/> Tonsillitis |
| <input checked="" type="checkbox"/> Respiratory infections | <input checked="" type="checkbox"/> Head lice |

GO TO SCHOOL



- | | |
|--|---|
| <input checked="" type="checkbox"/> Whooping cough | <input checked="" type="checkbox"/> Covid |
| <input checked="" type="checkbox"/> High temperature | <input checked="" type="checkbox"/> Flu |
| <input checked="" type="checkbox"/> Chickenpox | <input checked="" type="checkbox"/> Scarlet fever |
| <input checked="" type="checkbox"/> Diarrhoea & vomiting | <input checked="" type="checkbox"/> Measles |

STAY AT HOME



Dates for your diary

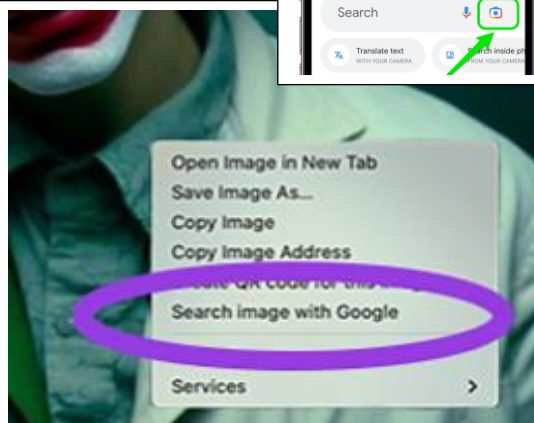
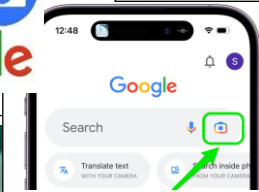
- 16th +17th March- Parents Evening

Reminders

Please make sure your child is wearing the correct school uniform. Complete guidance can be found on the school website. If you have any questions regarding uniform, please speak to your child's class teacher.

Remember that we have plenty of pre-loved uniform in our Unicycle centre. If you'd like to access this service, please contact Mrs Browne or Mrs Tyrer via **Pastoral ClassDojo**.

How to
**FACT-CHECK
IMAGES** with
Google



This Week's Highlights

In Nursery we have been learning about height and the words to describe different sizes of beanstalks (Lego towers) – tall, short, tallest, shortest. The children rolled a dice labelled with + and – and then added one block or took one block away from the beanstalk. We also learned about the celebration of Mother's Day; we hope that the Mother's Day cards and gifts that the children have created give a big smile to the mums.

In Reception we had the best time at Blackpool Zoo, exploring and learning about all the different animals. The highlight of the day was the baby elephant! This week we have been exploring all the number bonds to 7 using cubes and singing songs. We have been learning about Mother's Day and hope that you all have a special Sunday together.

In Year 1 we have been learning about instructions and choosing appropriate imperative verbs and adverbs of time for writing our own instructions. In Maths we have been learning to count in 10s as well as practicing our 2s and 5s. In Science we have been using our sense of smell and taste to identify the flavours of some mystery drinks. In history we have been finding out more about Florence Nightingale and how she helped improve the conditions in hospitals.

In Year 2 we have been writing our own instructions on how to take care of a dragon fruit. We have used imperative verbs and adverbs, and also made sure our instructions were in order to help any future children who may come across a dragon fruit tree!

In Year 3, we have been enjoying finding out more about the Iron Man. We worked on writing a short news bulletin about his arrival. In maths, we have been working on multiplication of 2 digits by 1 digit and have used our place value charts to help. In geography we have learnt how to identify mountains on maps and the key features of mountains.

In Year 4, we had a visit from the parishioners of St. Peter's Church, who taught us about some of the stories they find most special in the Bible and why the Bible is important to so many people's lives. In maths, we have been learning all about tenths as decimals and in English we have been continuing to learn about Harriet Tubman. We started our new geography topic this week on volcanoes.

In Year 5 we have finished publishing our stories about Alma and are looking forward to you reading them at Parent's evening! We have been learning all about the timeline of events when the Anglo-Saxons invaded Britain and how all the different tribes caused problems for each other. We have also been working hard at adding and subtracting fractions with the same denominator.

In Year 6 we have been working incredibly hard with our revision sessions. We've begun writing a fabulous story about time standing still. The children's imaginations are incredible. We tasted different foods, in DT, in preparation for making fajitas. We've also loved dancing with Lucy.

This Week's Value Stars!!



Nursery: Lilith, Luke, Parker, Samuel	Reception: Alex K, Lilian B, Suzanne, Lucas D
Year 1: Brodie, Sergiu, Lily-Grace, Macie-Rae, Ava-May	Year 4: Keon A, Mia E
Year 2: Ella H, Freya T, Louie, Zara	Year 5: Hubert D, Charlie M, Amelia and Lee
Year 3: Ollie P, Nujin R, Savannah, George C	Year 6: Amelia H, James P, Nina M, Mason P

Weekly Winners

The top Reading Plus readers this week are:

1st Y3MC (25/26)



P Felix

2nd Y3NO (25/26)

T Ethan

3rd Y4EH (25/26)

C Marnie-Rae

4th Y4MM (25/26)

5th Y5EK (25/26)



Mathswizz

Most Improved:

1st Y6KK

Lilliana M

2nd Y4 EH

Ozan K

3rd Y1 PT

Muhammad A

4th Y1 LA

Bianka L

5th Y6JM

Alfie N



Attendance

School Target:
96%

Nursery 93.7%	RKL 96.6%	RLB 98.2%
KS1 –	Y1PT 96.4%	Y1LA 95.9%
	Y2TE 93.3%	Y2CS 95.3%
LKS2 –	Y3MC 94.7%	Y3NO 95.3%
	Y4EH 95.2%	Y4MM 90%
UKS2 –	Y5EK 91.7%	Y5GW 98.3%
	Y6JM 87.9%	Y6KK 92.4%

(This week's winners are highlighted in yellow)



This Week's Learning at Home

Word of the Week:

Nursery – blend

Year 3 – news bulletin

Reception – caring

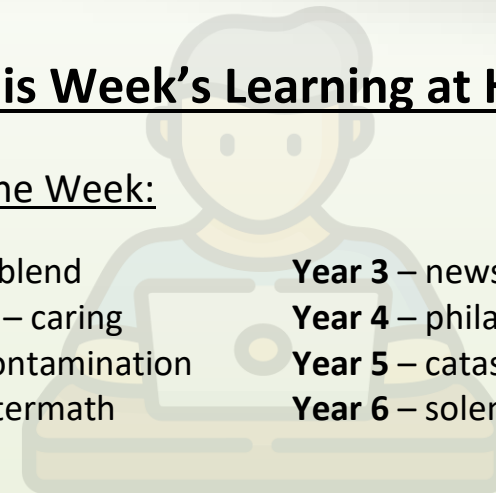
Year 4 – philanthropist

Year 1 – contamination

Year 5 – catastrophic

Year 2 – aftermath

Year 6 – solemn





FAMILY HUB AND CHILDREN'S CENTRE April Offer 2026



**FAMILY
HUBS**

ST HELENS
BOROUGH COUNCIL

Spring

MORNING OFFER

Monday 30 th March	Tuesday 31 st March	Wednesday 1 st April	Thursday 2 nd April	Friday 3 rd April	Saturday 4 th April
<p>Healthy Child Clinic Drop-in 10.00am – 12.00pm Newton Family Hub</p> <p>Sleep Advice Drop-in 10.00am – 12.00pm Newton Family Hub</p> <p>Egg-cellent Easter Imagination Station & refreshments 10.30am – 11.30am Sutton Family Hub</p>	<p>Healthy Child Clinic Drop-in 9.30am – 11.30am Sutton Family Hub</p> <p>Sleep advice Drop-in 9.30am – 11.30am Sutton Family Hub</p> <p>Mobile Food Pantry 10.00am – 12.00pm Sutton Family Hub</p> <p>Creative Construction Crew 11.00am – 12.30pm Parr Children's Centre</p>	<p>Coffee/Tea Tots 9.30am – 11.30am Sutton Family Hub</p> <p>Healthy Child Clinic (Invite only) 9.30am – 11.30am Community Hub North</p> <p>Sleep Advice Drop-in 9.30am – 11.30am Community Hub North</p>	<p>Healthy Child Clinic and Sleep Advice Drop-in 9.30am – 11.30am Low House Clinic</p> <p>Healthy Child Clinic and Sleep advice Drop-in 10.00am – 12.00pm Community Hub South</p> <p>Safe Space SEND session (Please book) 9.30am – 11.00am Sutton Family Hub</p> <p>Egg-cellent Easter Imagination Station & refreshments 10.00am – 11.30am Newton Family Hub</p>	<p>BANK HOLIDAY</p>	<p>M.A.T.CH (0-11) 10.00am – 12.30pm Sutton Family Hub</p>  



AFTERNOON OFFER

Monday 30th March	Tuesday 31st March	Wednesday 1st April	Thursday 2nd April	Friday 3rd April
<p>Easter Family Adventure Day & lunch (Please book) 1.00pm – 2.30pm Parr Children's Centre</p>	<p>Egg-cellent Easter Imagination Station & refreshments 1.00pm – 2.30pm Central Link Family Hub</p>	<p>Easter Family Adventure Day & lunch (Please book) 1.00pm – 2.30pm Sutton Family Hub</p>	<p>Creative Construction Crew 1.00pm – 2.30pm Sutton Family Hub</p> <p>Safe Space SEND session 2.30pm – 4.00pm (Please book) Sutton Family Hub</p>	<p>BANK HOLIDAY</p>

SPRING

MORNING OFFER

Monday 6 th April	Tuesday 7 th April	Wednesday 8 th April	Thursday 9 th April	Friday 10 th April	Saturday 11 th April
<p>BANK HOLIDAY</p>	<p>Healthy Child Clinic Drop-in 9.30am – 11.30am Sutton Family Hub</p> <p>Sleep advice Drop-in 9.30am – 11.30am Sutton Family Hub</p> <p>Mobile Food Pantry 10.00am – 12.00pm Sutton Family Hub</p>	<p>Coffee/Tea Tots 9.30am – 11.30am Sutton Family Hub</p> <p>Healthy Child Clinic (Invite only) 9.30am – 11.30am Community Hub North</p> <p>Sleep Advice Drop-in 9.30am – 11.30am Community Hub North</p>	<p>Healthy Child Clinic Drop-in 9.30am – 11.30am Lowe House Clinic</p> <p>Sleep advice Drop-in 9.30am – 11.30am Lowe House Clinic</p> <p>Easter Family Adventure Day & lunch (Please book) 10.00am – 12.00pm Newton Family Hub</p>	<p>Healthy Child Clinic 9.30am – 11.30am Parr Children's Centre</p> <p>Sleep Advice 9.30am – 10.30am Parr Children's Centre</p>	<p>VIBE Saturday Club (Invite only) (8-18 years) 9.00am – 5.00pm Sutton Family Hub</p> 



AFTERNOON OFFER

Monday 6 th April	Tuesday 7 th April	Wednesday 8 th April	Thursday 9 th April	Friday 10 th April
BANK HOLIDAY	Easter Family Adventure Day & lunch (Please book) 1.00pm – 3.00pm Central Link Family Hub		Creative Construction Crew 1.00pm – 2.30pm Central Link Family Hub	Creative Construction Crew 1.00pm – 2.30pm Newton Family Hub Egg-cellent Easter Imagination Station & refreshments 2.30pm – 4.00pm Parr Children's Centre

Group Descriptions

Coffee/Tea Tots – facilitated within Sutton Family Hub, where you can relax and enjoy healthy food and drinks, crafts, toys and books are available.

Construction Club – join us for a family session of Lego builds and construction fun and become a family of Master Builders!

Easter Family Adventure Day – enjoy free family fun and interactive time with your children, activities and refreshments included. Book via Eventbrite: <https://tinyurl.com/363h564s>

Egg-cellent Easter Imagination Station – an interactive arts & craft session with an Easter theme for all ages (refreshments included).

Food Pantry – Pantries operate as a member-led neighbourhood and are just like a shop, in that you choose the food from the shelves. Members pay a small subscription each week they visit, and in return can choose groceries worth many times more, often saving up to £1,000 a year on shopping bills.

Healthy Child Clinic – for parents/carers of 0–5-year-olds. Advice and support around weaning and diet, weight checks, sleep and behavioural concerns, signposting and referrals to other services and Healthy Start vouchers.

M.A.T.CH (Men and their Children) – a bespoke group for dads/grandads, uncles, male carers and their children to communicate and enjoy quality time together to strengthen their bond. Various indoor and outdoor activities are organised with free food and refreshments provided.

Sleep Advice – our free Sleep advice drop-ins aim to support you in understanding why your child may be struggling to sleep, possible causes of sleeping issues and importantly, what you can do to help your child and family to get better sleep. For children 1 years and above.

Safe Space SEND session – a calm-friendly session for children with Special Educational Needs and Disabilities to play, explore and relax in a supportive environment.

VIBE Saturday Club – an activity and friendship session for young people aged between 8-18 years who have Special Educational Needs and/or disabilities (SEND) and live within the St Helens Borough.



Thank you for your continued engagement with our Family Hub and Children's Centre sessions.
If you need further information or to book activities please call:

Central Link Family Hub: 01744 673445

Parr Children's Centre: 01744 671788

Alternatively message us via our Facebook page: www.facebook.com/STHCCentres





SWIMMING LESSONS FOR KIDS

From First Splash to Advanced Stages

- Small Class Sizes
- Progress Driven
- Expert Teachers
- Modern Facilities



LESSONS START FROM 3YRS

Prices start from £10

Limited spaces now available

Scan the QR Code for more information or contact us on:

07790385614

Enquiries@mdsportssolutions.co.uk



follow us @compXbolton



EASTER MINECRAFT SOCIAL HAF Exclusive

ST HELENS

Give your child a head start in the digital world with our **Minecraft Social**

Join us and fellow players in Minecraft Education to build, create and Xplore! Developing teamwork, communication, problem-solving, and digital skills along the way!

*Funded places available to those eligible for and receiving benefits-related free school meals (FSM), and their families. Children who are in receipt of a support plan via Early Help, Child in Need or Children We Look After, EHCP, or if your child receives additional hours at school.

 **Chester Lane Library**
31st March & 2nd April.
10.30am-2.30pm

 **Newton Library**
7th & 10th April. 10.30am-2.30pm



BOOK! Visit the link or scan the code-
computerexplorers.co.uk/bolton-wigan/holidays

GOT QUESTIONS?

Email us bolton@computerexplorers.co.uk

Preparing children for the future





follow us @compXbolton



CREATE, CODE AND XPLORE THIS EASTER!



ST HELENS



Give your child a head start in the digital world with our **Easter Tech Club**

Providing fun, educational activities including Game Design, Coding, Robotics, Digital Animation, Minecraft and more!

*Funded places available to those eligible for and receiving benefits-related free school meals (FSM), and their families. Children who are in receipt of a support plan via Early Help, Child in Need or Children We Look After, EHCP, or if your child receives additional hours at school.



 **Rainford High School**

 **30th Mar- 2nd April & 7th-10th April**

 **10am-2pm**



BOOK! Visit the link or scan the code- computerexplorers.co.uk/bolton-wigan/holidays

GOT QUESTIONS?

Email us bolton@computerexplorers.co.uk

Preparing children for the future



ST. HELENS YOUTH BRASS BAND

OPEN DAY!

18th April

Your Free Music Introduction

Everyone Welcome
No Experience Needed!
Instruments Provided

Brass and Percussion
Zero-pressure
Ages 4-19

Whats on

New to music?

10:30, 11:00, 11:30 and 12:00:

'pBuzz' sessions drop in sessions
For those new to music and under 10

10:30-12:30: Drop in 'Brass Zoo'

For anyone to come and try our instruments

11:00: Experience our junior rehearsal

For those who have tried brass before

Played before?

09:30: Join in with our *Training Band*

For those Grade 2 or above

10:30: Join in with our *Youth Band* rehearsal

For those Grade 4 or above

Where

Ormskirk Street
United Reform Church
St Helens
WA10 2JZ

Sign up
and find out more here



or email: info@shybb.uk

Registered Charity no.: 1009301



Streaming services have become the go-to entertainment choice for many families, with children often favouring on-demand platforms over traditional television. This edition explores the realities behind these services, from rising subscription costs and advert-supported tiers to the impact of autoplay and endless content libraries on young viewers' screen time and wellbeing.

It also highlights key safeguarding concerns, including age-inappropriate material, binge watching, algorithm-driven recommendations and phishing scams. With clear, practical advice for setting profiles, PINs and time limits – alongside tips for discussing algorithms and stereotypes – this guide supports parents and educators in promoting safer, healthier streaming habits.



What Parents & Educators Need to Know about STREAMING SERVICES

WHAT ARE THE RISKS?

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website