

Our value this month is:

## Respect



### IS MY CHILD TOO ILL TO GO TO SCHOOL?

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Minor coughs & cold    | <input checked="" type="checkbox"/> Ear infection |
| <input checked="" type="checkbox"/> Sore throat            | <input checked="" type="checkbox"/> Cold sores    |
| <input checked="" type="checkbox"/> Conjunctivitis         | <input checked="" type="checkbox"/> Tonsillitis   |
| <input checked="" type="checkbox"/> Respiratory infections | <input checked="" type="checkbox"/> Head lice     |

**GO TO SCHOOL**



- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Whooping cough       | <input checked="" type="checkbox"/> Covid         |
| <input checked="" type="checkbox"/> High temperature     | <input checked="" type="checkbox"/> Flu           |
| <input checked="" type="checkbox"/> Chickenpox           | <input checked="" type="checkbox"/> Scarlet fever |
| <input checked="" type="checkbox"/> Diarrhoea & vomiting | <input checked="" type="checkbox"/> Measles       |

**STAY AT HOME**



## Dates for your diary

### Reminders

Please make sure your child is wearing the correct school uniform. Complete guidance can be found on the school website. If you have any questions regarding uniform, please speak to your child's class teacher.

Remember that we have plenty of pre-loved uniform in our Unicycle centre. If you'd like to access this service, please contact Mrs Browne or Mrs Tyrer via **Pastoral ClassDojo**.

## HOW TO SPOT FAKE NEWS



### CONSIDER THE SOURCE

Click away from the story to investigate the site, its mission and its contact info.



### READ BEYOND

Headlines can be outrageous in an effort to get clicks. What's the whole story?



### CHECK THE AUTHOR

Do a quick search on the author. Are they credible? Are they real?



### SUPPORTING SOURCES?

Click on those links. Determine if the info given actually supports the story.



### CHECK THE DATE

Reposting old news stories doesn't mean they're relevant to current events.



### IS IT A JOKE?

If it is too outlandish, it might be satire. Research the site and author to be sure.



### CHECK YOUR BIASES

Consider if your own beliefs could affect your judgement.



### ASK THE EXPERTS

Ask a librarian, or consult a fact-checking site.

## This Week's Highlights

In **Nursery** we started our new learning theme of "Transport and journeys" by reading the book 'We all go travelling by'. The children have talked about how they travel to school and which other vehicles they have used. We learned about road safety and thought about safe places to cross the road.

In **Reception** this week we have been reading Supertato and thinking about what other super hero characters we could create and what powers they would have. We have been learning all about people who help us and have had great fun role playing these jobs in our new costumes! In maths we have been amazing at finding the missing numbers on our number tracks to 10.

In **Year 1** we have started to look at our new class book "The Journey", in English, and have been thinking about what the main character is doing and places that we would like to go to. In Maths we have started to look at numbers up to 100, recognising them in different forms and have been comparing them using greater than and less than. In History we explored some artefacts from the history of our school. In RE we have been learning about different types of families.

In **Year 2** we have been learning all about seaside resorts in the past. We have looked at historical resources to help us gain an understanding of what seaside areas were like over 100 years ago and how aspects such as transport, activities and clothing has changed.

In **Year 3**, we have continued to learn how to tell the time, in maths. In English, we have been working very hard on our handwriting and punctuation, as well as enjoying our class novel "George's Marvellous medicine". The children have enjoyed putting their throwing and catching skills to the test during PE.

In **Year 4**, we have been working really hard on our multiplication assessments, well done to the children who have completed them so far! We have also enjoyed beginning our new class novel 'The Boy at the Back of the Class'. In Computing this week we have been adding links to powerpoints and we have also all learned how to play new notes on our flutes.


In **Year 5** we have been enjoying exploring the start of our new class novel "Wonder". The children have also begun a new topic in Maths, focusing on angles and have reminded themselves about how to use a protractor. In PE, we have been learning some athletic skills and we enjoyed learning how to pay for things in Spanish.

In **Year 6** we have enjoyed starting a new English topic based on a powerful and tragic story about a little girl from Germany in WW2. We continued our Geography topic, looking at the supply chain of different products such as coffee and bananas. We've also made an amazing start on our production, the children have wowed us already with their talents and confidence.

# This Week's Value Stars!!

|  |   |
|--|---|
| <b>Nursery:</b> Carter, Alex, Violet E, Parker | <b>Reception:</b> Isaac, Esmee W, Lilian, Chrissie  |
| <b>Year 1:</b> Dollie B, David G               | <b>Year 4:</b> Lincoln D, Amber F, Ruby H, Jaxson W |
| <b>Year 2:</b> Harley, Ariana,                 | <b>Year 5:</b> Marhsall McG, Aisla G                |
| <b>Year 3:</b> Marnie, Abigail                 | <b>Year 6:</b> Alfie, Jax, Rojan, Daniel            |

## Weekly Winners

 The top Reading Plus readers this year, so far, are:

- 1<sup>st</sup> [Y3NO \(25/26\)](#)
- 2<sup>nd</sup> [Y3MC \(25/26\)](#)
- 3<sup>rd</sup> [Y5GW \(25/26\)](#)
- 4<sup>th</sup> [Y6KK \(25/26\)](#)



## Mathswizz

Most used:

- 1<sup>st</sup> [Y5 EK](#)
- 2<sup>nd</sup> [Y3 NO](#)
- 3<sup>rd</sup> [Y1 LA](#)
- 4<sup>th</sup> [Y5 GW](#)



## Attendance

**School Target:**  
96%

|                      |                   |                   |
|----------------------|-------------------|-------------------|
| <b>Nursery</b> 93.1% | <b>RKL</b> 89.5%  | <b>RLB</b> 90.5%  |
| <b>KS1 –</b>         | <b>Y1PT</b> 91.1% | <b>Y1LA</b> 83.7% |
|                      | <b>Y2TE</b> 90.7% | <b>Y2LW</b> 97.2% |
| <b>LKS2 –</b>        | <b>Y3MC</b> 95.7% | <b>Y3NO</b> 96.7% |
|                      | <b>Y4EH</b> 94.1% | <b>Y4MM</b> 92.1% |
| <b>UKS2 –</b>        | <b>Y5EK</b> 94.3% | <b>Y5GW</b> 93.8% |
|                      | <b>Y6JM</b> 91.7% | <b>Y6KK</b> 96.6% |

(This week's winners are highlighted in yellow)



## This Week's Learning at Home

Word of the Week:

**Nursery** – transport  
**Reception** – rescue  
**Year 1** – artefact  
**Year 2** – conjunction

**Year 3** – marvellous  
**Year 4** – embed  
**Year 5** – Torah  
**Year 6** – enunciate



# WEST PARK RFC UNDER 9S

## TIME TO TACKLE



SCHOOL  
YEAR 3



TRAINING  
STARTS BACK  
17TH JUNE  
EVERY WEDNESDAY  
7-8PM



LEARN.  
PLAY.  
GROW.  
BELONG.



TEAMWORK  
RESPECT  
ENJOYMENT



## NEW PLAYERS WELCOME!

ALL ABILITIES WELCOME | MAKE FRIENDS | HAVE FUN

COACHES:

**PHIL**

07931 793829

**KIE**

07891 996723



# Neurodevelopment pathway drop ins



Mersey Care  
NHS Foundation Trust

Come along to one of our drop in sessions in St Helens.

Our team will answer questions you have about the neurodevelopment pathway process.

You don't need to be using our service, you can drop in if you have any questions to ask about this.

We look forward to meeting you.

Tuesdays at Parr Children's Centre and Central Link Family Hub  
See details and times below

**13 January** at Parr Children's Centre, 9am to 12 noon.

**10 March** at Parr Children's Centre, 9am to 12 noon.

**12 May** at Parr Children's Centre, 9am to 12 noon.

**27 January** at Central Link Family Hub, 1pm to 4pm.

**24 March** at Central Link Family Hub, 1pm to 4pm.

**26 May** at Central Link Family Hub, 1pm to 4pm.

**10 February** at Parr Children's Centre, 9am to 12 noon.

**14 April** at Parr Children's Centre, 9am to 12 noon.

**9 June** at Parr Children's Centre, 9am to 12 noon.

**24 February** at Central Link Family Hub, 1pm to 4pm.

**28 April** at Central Link Family Hub, 1pm to 4pm.

**23 June** at Central Link Family Hub, 1pm to 4pm.

We work with children and young people with complex neurodevelopmental difficulties, who need an assessment to gain a better understanding of their needs.

Parr Children's Centre, Ashtons Green Drive, St Helens, WA9 2AP

Central Link Family Hub, Westfield Street, (off Peter Street), St Helens, WA10 1QF

If you need more information you can contact us on **01744 415 608** or email: [mcn-tr.sthelensneuropathway@nhs.net](mailto:mcn-tr.sthelensneuropathway@nhs.net)



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Tuesdays at Parr Children's Centre and Central Link Family Hub

See details and times below

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**8 September** at Parr Children's Centre, 9am to 12 noon.

**10 November** at Parr Children's Centre, 9am to 12 noon.

**28 July** at Central Link Family Hub, 1pm to 4pm.

**22 September** at Central Link Family Hub, 1pm to 4pm.

**24 November** at Central Link Family Hub, 1pm to 4pm.

**11 August** at Parr Children's Centre, 9am to 12 noon.

**13 October** at Parr Children's Centre, 9am to 12 noon.

**8 December** at Parr Children's Centre, 9am to 12 noon.

**25 August** at Central Link Family Hub, 1pm to 4pm.

**27 October** at Central Link Family Hub, 1pm to 4pm.

**22 December** at Central Link Family Hub, 1pm to 4pm.

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While many allergies result in only mild symptoms, some can be far more dangerous, causing life-threatening episodes of anaphylaxis that require swift intervention. This week's guide helps break down the warning signs and outlines the immediate steps to take when every second counts.

It also provides a useful overview of the most common food allergens – from milk and eggs to shellfish and sesame – as well as common non-food triggers like insect venom, pollen, and medication. With clear guidance on recognising the symptoms of a serious reaction and the role of devices like auto-injectors, this resource can help adults feel more prepared and informed when supporting children with allergies



# What Parents & Educators Need to Know about ALLERGIES & ANAPHYLAXIS

An allergy is an overreaction of the immune system to a food or substance that's usually harmless. Symptoms can be mild, but for some people they can be very serious. This is known as anaphylaxis.

## HOW TO SAY ANAPHYLAXIS: ANA-FIL-AX-IS

### ALLERGIES AND ANAPHYLAXIS

- Mild allergy symptoms are treated with antihistamines.
- Anaphylaxis is treated with adrenaline, which is administered via an adrenaline device, injected into the outer upper thigh or using a nasal device.
- Anaphylaxis is a medical emergency and a threat to life.



### WHAT ADRENALINE DOES

Adrenaline reduces swelling, opens the patient's airways and raises their blood pressure. Patients must go to hospital for monitoring, as the reaction could return.



### TOP 14 FOOD ALLERGENS:

(However, be aware people can be allergic to anything.)



### NON-FOOD ALLERGENS:



### ANAPHYLAXIS SYMPTOMS

#### AIRWAY

Symptoms include swelling in the throat, tongue or upper airways; tightening of the throat; a hoarse voice; and difficulty swallowing.



#### BREATHING

Symptoms include persistent cough; sudden onset of wheezing; breathing difficulty; and noisy breathing.



#### CIRCULATION

Symptoms include pale and clammy skin; dizziness; feeling faint; sudden sleepiness; tiredness; confusion; and loss of consciousness.



In extreme cases of anaphylaxis, there could be a dramatic fall in the patient's blood pressure. The patient may become weak and floppy, and have a sense of something terrible happening. Any of the ABC symptoms listed above may lead to collapse and unconsciousness and, on rare occasions, be fatal.

### LINKS TO FURTHER RESOURCES - Scan the QR codes to find out more



AllergyWise®



EpiPen



Jext



ADRENALINE AND AADs

### Meet Our Expert

Anaphylaxis UK is the only UK-wide charity operating solely for the growing numbers of people at risk of serious allergic reactions and anaphylaxis. While there's no treatment or cure for anaphylaxis, we believe that by providing information, training and support, there's a brighter future for people living with serious allergies.



The National College®