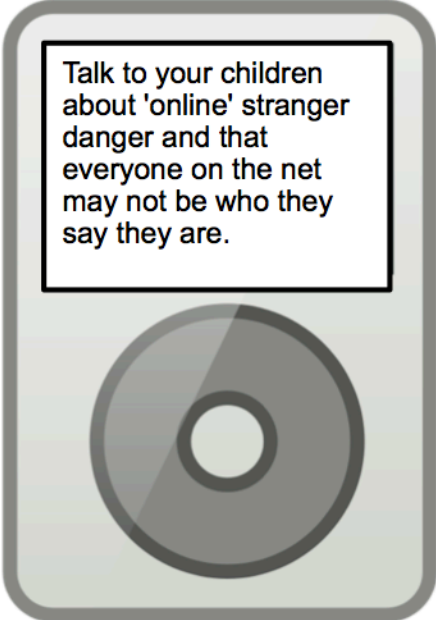


# DIGITAL PARENTING


a guide produced by



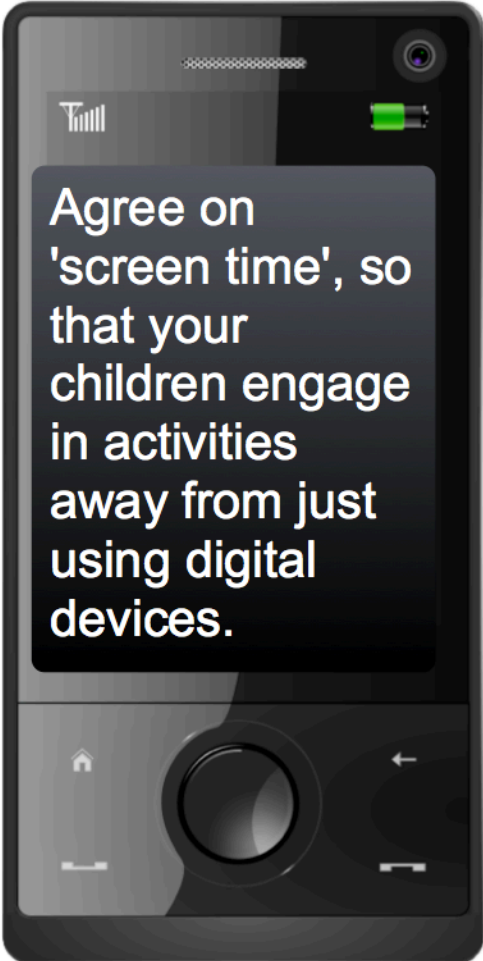
Talk to your children about 'online' stranger danger and that everyone on the net may not be who they say they are.

For more resources, visit our website at:

[www.yhgfl.net](http://www.yhgfl.net)



Learn to use digital technology together and spend time with your children, so they can show you how to use different devices.



Agree on 'screen time', so that your children engage in activities away from just using digital devices.



THE CHILD EXPLOITATION AND ONLINE PROTECTION CENTRE HAS AN EDUCATION SITE AT:

[WWW.THINKUKNOW.CO.UK](http://WWW.THINKUKNOW.CO.UK)



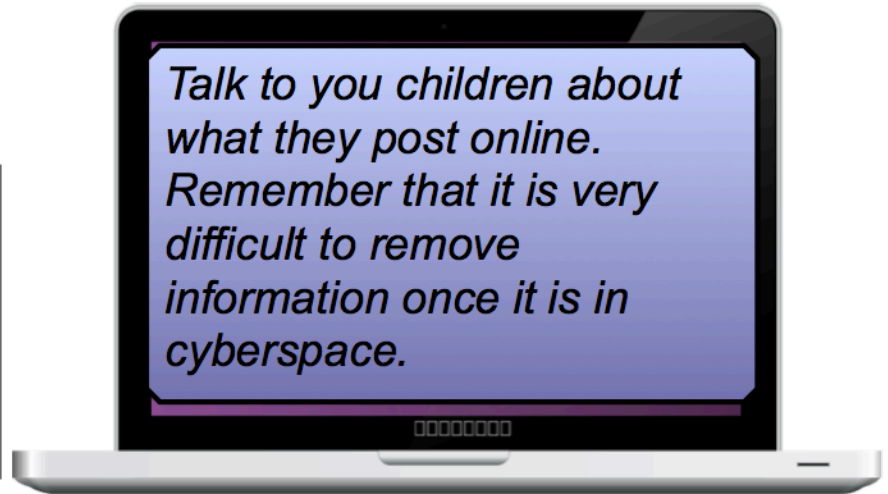
Console and computer games have a rating system. Many games produced are aimed at adults and not suitable for young children. For more information, visit the PEGI website at:

[www.pegi.info](http://www.pegi.info)

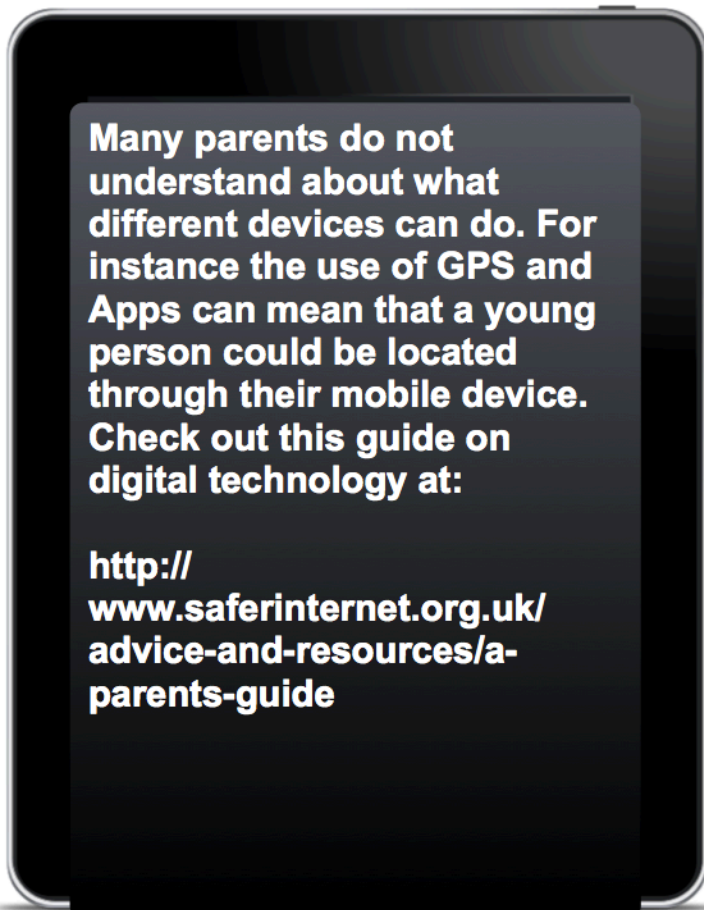


Kidsmart offer a range of activities for children to engage with internet safety. For more info go to:

[www.kidsmart.org.uk/](http://www.kidsmart.org.uk/)



*Talk to you children about what they post online. Remember that it is very difficult to remove information once it is in cyberspace.*



**Many parents do not understand about what different devices can do. For instance the use of GPS and Apps can mean that a young person could be located through their mobile device. Check out this guide on digital technology at:**

**<http://www.saferinternet.org.uk/advice-and-resources/a-parents-guide>**



Facebook and Twitter have a minimum age of 13. If you do let your children use these social networking sites, remember to make sure that they set the privacy settings to the highest level.