

Allanson Street Primary School – Long Term Plan



Physical Education

	Autumn	Spring	Summer
Nursery	<p>Physical Development Prime Area - Ongoing and embedded throughout the year</p> <p>Continuous provision - Opportunities to develop fine and gross motor skills within continuous provision indoors and outdoors.</p>		
Reception	<p>Physical Development Prime Area - Ongoing and embedded throughout the year</p> <p>Fundamental Movement Skills – Locomotor</p> <p>Opportunities to develop fine and gross motor skills within continuous provision indoors and outdoors.</p>	<p>Physical Development Prime Area - Ongoing and embedded throughout the year</p> <p>Fundamental Movement Skills – Locomotor and Object Control</p> <p>Opportunities to develop fine and gross motor skills within continuous provision indoors and outdoors.</p>	<p>Physical Development Prime Area - Ongoing and embedded throughout the year</p> <p>Fundamental Movement Skills - Object Control.</p> <p>Opportunities to develop fine and gross motor skills within continuous provision indoors and outdoors.</p>
Year 1	<p>Health and Wellbeing</p> <p>Dance</p> <p>Gymnastics</p>	<p>Gymnastics</p> <p>Fundamental Games</p>	<p>Fundamental Games</p> <p>Net and Wall - Tennis</p>
Year 2	<p>Health and Wellbeing</p> <p>Gymnastics</p>	<p>Dance</p> <p>Fundamental Games</p>	<p>Net and Wall – Tennis</p> <p>Fundamental Games</p>

Year 3	<p>Health and Wellbeing</p> <p>OAA</p> <p>Invasion Games – Tag Rugby</p>	<p>Gymnastics</p> <p>Striking and Fielding – Cricket</p>	<p>Dance</p> <p>Athletics</p>
Year 4	<p>Health and Wellbeing</p> <p>Invasion Games – Hockey</p> <p>Dance</p>	<p>Gymnastics</p> <p>Striking and Fielding – Cricket</p>	<p>Swimming</p> <p>Athletics</p>
Year 5	<p>Health and Wellbeing</p> <p>Invasion Games – Netball</p> <p>OAA</p>	<p>Swimming</p> <p>Gymnastics</p>	<p>Net and Wall – Volleyball</p> <p>Dance</p>
Year 6	<p>Health and Wellbeing</p> <p>Swimming</p> <p>Invasion Games - Dodgeball</p>	<p>Gymnastics</p> <p>Dance</p>	<p>Striking and Fielding – Rounders</p> <p>Athletics</p>